

Introduction to Psychology

Discover
Brunel

We're delighted you're thinking about studying at Brunel University London.

Our Introduction to Psychology course is designed to help you understand the scientific study of behaviour and the mind. You will explore the biological, cognitive and environmental influences on behaviour and the mind. You will also learn about the history and development of psychology as a discipline. The course is designed to be both challenging and enjoyable, and to provide you with a solid foundation for your studies in psychology.

Sample lecture/coursework questions

1. A person who is very nervous and shy is likely to be high on the trait of **introversion**. Research has shown that introverts are more likely to be **highly sensitive** to their environment. How might this affect their behaviour?
2. How does the brain process information? Explain the flow of information from the eyes to the brain, and then to the muscles. What are the key structures involved in this process?
3. Can you explain the difference between a **conditioned response** and an **unconditioned response**? Give an example of each. How do these responses relate to the concept of **learning**?
4. Sigmund Freud's theory of the mind is based on the idea of **the unconscious**. What are the key components of the unconscious mind? How do they influence behaviour?



Reading list

- Cox, A. (2012). *Climate Change: A Guide to the Science*. Routledge.
- Jones, R. S., Chang, I. C. A., Chang, C., & Lippert, D. C. (Eds.). (2014). *Climate Change: A Guide to the Science* (4th ed.). Routledge.
- Marshall, J. (2015). *The Science of Climate Change* (Textbook). Pearson Education, Inc. & Friends of the Earth. (Chapters 6, 7, 8, 9, 14 & 15).
- Parsons, J. P. J., & Brown, S. (2018). *Business and the Environment* (Textbook). Pearson Education. (Chapters 2, 3, 4, 5, 7, 10).
- Goodman, M. S., Lippert, R. B., & Marshall, G. R. (2014). *Climate Change: A Guide to the Science*. In C. Jones, R. S. Jones, I. C. A. Chang, C. Chang, & D. C. Lippert (Eds.), *Climate Change: A Guide to the Science* (4th ed., pp. 3-19). (Chapters 1, 2, 3)
- Marshall, J. E. (2017). *Life and the Environment* (Textbook). Routledge, Inc. & Friends of the Earth.
- Brown, N. R., & Brown, R. A. (2017). *Sustainable Development* (Textbook). Pearson Education.
- Nelson, D. J., & Fisher, D. R. (2019). [Landscape Architecture: A Guide to the Science](#). [Landscape Architecture: A Guide to the Science](#) (0.70).

For more information on this reading list, please visit the [Open Days website](#).

For more information on APA style, please visit the [APA website](#).

Indicative content

Indicative content is provided to give you an idea of the topics that will be covered in the course. It is not a list of topics that you must study, but rather a guide to the areas that will be explored.

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Business and the Environment; Sustainable Development; Climate Change; Life and the Environment; Landscape Architecture; and the Science of Climate Change.

Quality of the Environment; Sustainable Development; Climate Change; Life and the Environment; Landscape Architecture; and the Science of Climate Change.

